Syllabus  
FCS: 2440-50  **Strengthening Relationships**  
Semester:  Fall 2012  
CRN#:  40364  

Instructor:  Tim Eicher, Dixie College Associate Professor, Education and Family Studies Department  
Contact Information:  phone: 652-7845  
Email: eicher@dixie.edu  
Office: Tim’s office number is 128 in FCS/Health Building  
Office Hours:  By appointment, Tuesday and Thursday morning, Wednesday afternoon

Class Hours:  Thursdays, 5:30-7:20 p.m.  
Begin/End Dates  November 1-December 5 (We skip Nov. 22 for Thanksgiving Break)  
Place:  Dixie State College, FCS Building Rm. 111  

Textbooks:  THE CHOICE Handbook Packet, Arbinger Institute  
Includes workbooks as well as a copy of **Leadership in Self-Deception**  
Available at first class.

**Course Description:**  This seminar is based on the work of C. Terry Warner, Ph. D., and follows the training format developed by The Arbinger Institute. The purpose of this seminar is to provide a format for participants to strengthen relationships and resolve conflicts in families and in the workplace. We will explore how we can be an influence for good without control, coercion, or manipulation. Rather than teaching techniques, this seminar will assist participants to discover and to recover who we really are—our authentic selves.*This is not a therapy group! While the course can reveal how to identify and resolve troubled relationships, one is never required to disclose personal information.

**FCS Department Objectives:**  
Students taking courses in FCS will:  
1. Study currently accepted theory within the discipline.  
2. Expand understanding of theory using applications and exercises that personalize the depth of knowledge and understanding.  
3. Complete assignments demonstrating professional practices specific to the discipline.  
4. Analyze course concepts against previously held schema prior to experience in the course.  
5. Show, in writing, the ability to think critically.  
6. Achieve a passing grade on the comprehensive final exam for the course.  

**Course Objectives:**  
1. The student will describe several of Warner’s major concepts.(Self-betrayal, self-justifying image, mutual self-betrayal, resistance/responsiveness, getting out of the box)  
2. The student will give an example of each of the concepts.  
3. The student will tell how applying these concepts can positively impact relationships, and give examples from real situations.

**Assignments:**  Students enrolled for credit will hand in:  

A.  4 written assignments clarifying how the information from the class has influenced relationships the previous week as a result of putting the principles into practice. These assignments will be due the 2nd to the 5th night of class. The forms will be provided in class.  
B. Short written assignments related to chapters assigned from **Leadership and Self-Deception**
C. Short class evaluation completed and submitted on the final night of the class.

**Grading:** **Enrollment for Credit is optional!**

Those enrolled for .5 credit through the FCS Department at Dixie State College will be held to the following assignment and attendance requirements:

- Assignments from *Leadership and Self-Deception* 15 pts. Each for 60 pts
- Attendance, five classes 10 pts each for 50 pts
- Structured journal on major concepts, personal learning 15 pts each for 60 pts
- Total possible 160 pts

Grading structure will be based on a percentage of the total points

- **A** = 90% and above
- **B** = 80% and above
- **C** = 70% and above
- **D** = 60% and above
- **F** is anything below 60%

**Student Support Services**

If you are a student with a documented medical, psychological, or learning disability, please contact the Disability Resource Center on the main campus. The Center Coordinator and staff will assist you in analyzing your eligibility for services. If you are deemed eligible, reasonable accommodations that are appropriate for your disability will be assigned. If you have any questions concerning this process, please contact the Center at 652-7516; we are located in the Student Services Center, Room #201 of the Edith Whitehead Building.

- **Drop in tutoring** is a service provided all registered Dixie State College Students and is available for all subjects. Students can take advantage of this service by accessing the following web site [http://dsc.dixie.edu/tutoring/index.htm](http://dsc.dixie.edu/tutoring/index.htm)
- **The Writing Center** in the Browning Learning Center, Rm. 105, for help with writing skills such as brainstorming, revising, and editing.
- **Online Writing Center** [http://dsc.dixie.edu/owl/](http://dsc.dixie.edu/owl/)
- **Val A. Browning Library** 24/7/365 Chat! [http://library.dixie.edu/](http://library.dixie.edu/) Click on “help” at the extreme right; also you can get personal help from a Librarian by going into the library during regular hours.