**DATING TO REMEMBER**

2/1  Associates degree gradation application deadline
PELL Grant Census date
Last day for refund
Last day to drop with out receiving a “W” grade

2/5  Last day to Add/Audit

2/15  President’s Day Holiday

2/16  Block classes begin

3/2  Mid-Semester grades due

3/4  Last day to drop individual class

3/7-11  Spring Break

3/21  Summer Registration begins

4/8  Last day for complete withdrawal

4/11  Fall registration begins

4/27  Classwork ends

4/28  Reading day

4/29  Final exams

5/2 - 5  Final exams

5/6  Commencement

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**CAREER CENTER EVENTS**

We just want to give everyone a heads up concerning a few Career Center events

**February 4th – Resume Bootcamp**
Students will tailor their resumes for the companies attending the Career Fair.
Location: Hazy 149  Time: 12:00 – 12:50

**February 9th – Career & Internship Fair**
A list of companies will be posted on the Career Center website by the end of this week. Students encouraged to bring resumes and dress professionally.
Location: Gardner Center Ballroom  Time: 10:00 – 2:00

**February 11th – How to be an Entrepreneur**
Lex Ence, a successful St. George native, will be sharing best practices. With background information on real estate development, insurance, construction, property management, etc.
Location: Hazy room 121 – Boeing Auditorium  Time: 12:00 – 12:50

**February 16th – Corporate Night with Enterprise Rent-A-Car (Salt Lake Corporate)**
Dress up hiring event with one-on-one opportunities with top executives.
Location: HCC Zion Room  Time: 6:00 pm

**February 18th – Becoming a lawyer – Information session**
Daniel J. Radford is a young attorney in the St. George area who graduated from the University of Utah Law School. He is hoping to give advice and knowledge concerning the different branches of law.
Location: Gardner Center – Cottam Room  Time: 1:30 – 2:30

**February 25th – Career Tour to Ram Company**
The career center provides transportation to Ram for an in-depth look at their operation and company specifics.
Location: Ram Company (Sign ups in the Career Center)  Time: TBA

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**ASPIRE-UTAH TRIO SCHOLARSHIP**

This is offered to outstanding entering or continuing undergraduate or graduate students selected from Utah TRIO programs. There will be a limited number of scholarships in the amount of $500 each to qualified TRIO Students. Applications must be postmarked by Friday, February 26, 2016. See Mace or Larry for the application.
**DSU ACADEMIC SCHOLARSHIPS**

Current/Continuing students are those students who are currently attending Dixie State University but did not receive an Academic Scholarship upon admission as a freshman. Students who have earned good grades at SU are eligible for scholarship consideration based on meeting the following requirements for consideration:

- Must be a Utah Resident, paying Utah Resident Tuition
- Must be working toward an Associates’ or Bachelors’ degree
- Must be enrolled as full-time undergraduate at DSU (maximum of 150 credit hours earned)
- Must have an overall cumulative GPA of 3.30 (including all DSU & all transfer grades)
- Must have completed a minimum of 30 Credit hours (15 of which must be from DSU)
- Must attend Dixie State University St. George Main Campus (distance education courses are ineligible)
- Must have intent to graduate from Dixie State University

Applicants with a 3.30 to 3.499 cumulative GPA will receive a $1,000 scholarship
- Applicants with a 3.50 to 3.749 cumulative GPA will receive a $1,500 scholarship
- Applicants with a 3.75 to 4.000 cumulative GPA will receive a $2,400 scholarship
- Awards require 15 credit hours of full-time enrollment in an eligible program*

Awards are determined based on the number of applicants and availability of funds

See: http://dixie.edu/financial/scholarships/Academic Scholarships Current DSU Students

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**NORTHERN UTAH UNIVERSITY TOUR**

Thursday and Friday, April 21 and 22 are the Spring Semester dates for the Northern Utah University Tour.

We will leave Thursday morning and visit BYU or UVU and UofU. We will stay Thursday night at the LaQuinta Inn in Logan. Friday we will visit USU and Weber State. SSS will pay for your lodging and food for the two days. SSS will arrange departmental appointments for you at each institution.

This is a great way to visit the other institutions in the state and decide where you want to go. Space is limited to 6 students.

**ADDITIONAL SCHOLARSHIPS**

- Community & Local Scholarships for DSU Students
- Ambassador & Sterling Scholars
- Fine Arts
- DSU Departmental
- State Sponsored & Miscellaneous
- Diversity/Multi-Cultural
- Allied Health/Nursing
- AmeriCorps Educational Awards Program

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**FREE TUTORING**

SSS one-on-one and small group tutoring in math and other subjects are available in the Browning room 105. Come in to do your homework with tutorial assistance.
NEWS YOU CAN USE

TRANSFER OF CREDIT
Credit for courses numbered 1000 and above is generally transferable and will normally be accepted by the transfer institution. However, acceptance of credit should not be confused with its application. Transfer credit may or may not apply to department, college or university requirements. In other words, the credit you earn at DSU may count, but perhaps only as elective credits and not for college or department requirements. Applicability of credit involves the comparability of the nature, content and level of credit earned to that offered by the transfer institution, and the appropriateness of credit earned to specific program and degrees offered by the institution.

The best information about how credits will transfer can be obtained by keeping in contact with advisors in your major and if you have questions, the Advisement Center at your 4-year school can clear up any doubts. Also, have any transfer agreement put in writing from the receiving institution.

If you have specific questions, contact the advisement center of the school you are transferring to directly.

Check out the following helpful websites for information about transfer schools and transfer process.
https://www.nationalappcenter.com/

APPLY NOW FOR FEDERAL FINANCIAL AID!
It is not too early to think about applying for your financial aid for next fall. You need to apply each year. Whether you continue at Dixie State University or transfer to another institution, we can help make the financial aid process less confusing and painful.

Remember to apply for FAFSA AFTER you and/or your parents have submitted their 2015 federal income taxes.

If you qualify for SSS, you should qualify for some type of grant. We can even show you how to use the FAFSA on the Web, the grant application on the Internet. Have your FAFSA done by March 1, 2016 to receive more aid. Students who submit the FAFSA by March 1 will be among the first to be considered for need-based scholarships and state based aid programs. You may be eligible for extra money. If you depend on federal financial aid, be sure to meet the priority deadline.

Remember the early bird gets the worm and in this case.....more money!

FINANCIAL AID TIP
When applying for financial aid, APPLY ONLINE. What are the benefits of applying electronically? According to the U.S. Department of Education, FAFSA on the Web is:

1. Faster. It may take only days to process instead of weeks.
2. More Efficient. By using skip logic based on your particular information, you will need to answer fewer questions.
3. More Accurate. You are walked through the form and answers are checked before you submit your application.
4. Convenient. Formatted for both Windows or Macintosh computers, it can be accessed anywhere using Netscape and Microsoft browser versions.
5. FAFSA on the Web doesn’t require software to be installed and can support unlimited users so thousands can apply at once.

UTAH INSTITUTION DEADLINES

<table>
<thead>
<tr>
<th>Transfer Scholarships</th>
<th>Admissions</th>
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<tbody>
<tr>
<td>BYU</td>
<td>Feb 1</td>
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<td>BYU Hawaii</td>
<td>Feb 1</td>
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<td>BYU Idaho</td>
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<td>SUU</td>
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<td>UofU</td>
<td>Mar 15</td>
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<td>USU</td>
<td>Feb 1</td>
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<tr>
<td>UVU</td>
<td>Feb 1</td>
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<tr>
<td>Weber State</td>
<td>Jan 13</td>
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</table>
BLOCK CLASSES BEGIN
FEBRUARY 16th

Block classes (10-week courses) are designed: for students who drop courses early in the semester and wish to add other courses for financial aid, scholarship or graduation requirements; for students who finish coursework early and want to move to the next level; for students who want to bolster their class load; for students who like to learn.

Check for block class options.

What Employers Want From College Students

Communication skills: Candidates should be able to speak, write and listen well. Presentations skills are also key, as is the ability to respond to criticisms and questions.

Computer/Technical Skills: Candidates should have technical knowhow and be proficient with as many applications as possible.

Leadership: Candidates should be able to take charge but also know when to let others take over.

Teamwork: Candidates should work well with different people, while remaining in control of their own assignments.

Interpersonal Skills: Employers want candidates who can relate to others, inspire them to participate or quell conflict among co-workers.

Personal Traits: candidates should have initiative, be motivated, adaptable to change, industrious, honest and able to juggle tasks.

SCHOLARSHIP SITES

Most students are always asking about ways to get more money to go to school. Here is a very comprehensive list of scholarship sites to help you finance your education.

Dixie State University general scholarship site.  
http://dixie.edu/financial/scholarships/

General Financial Aid and Scholarship Sites:

www.finaid.org
www.fastweb.com
www.bigfuture.collegeboard.org/pay-for-college
www.collegenet.com/mach25
www.salliemae.com (Plan for College)
www.collegeview.com
www.collegenet.com

Specific Scholarship Sites

www.fafsa.ed.gov Federal Student Aid
www.gmsp.org Bill Gates
www.free-4u.com Various
www.faam.org Calendar, & Aid Info
www.collegequest.com Apply to over 1200 Colleges
www.plato.org Student Loans
www.finaid.org Aid Estimator & Search
www.collegescholarships.com
www.fastaid.com Private– Sector
www.collegeboard.org
www.uncf.org United Negro College Fund

Start your scholarship search now for fall semester.

FEBRUARY SSS WORKSHOP

The Financial Aid Workshop will be held on Thursday, February 18, at noon in Browning, Dunford Auditorium, room 101. If you received Supplemental Grant Aid funds or plan to apply for Supplemental Grant Aid, you MUST attend!

JD Robertson, Director of the DSU Financial Aid, will present information regarding the 2016-2017 FAFSA application. If you have a Pell Grant or would like to apply, this workshop is required. Students need to reapply for the Pell Grant each spring. The Financial Aid workshop is a good opportunity to participate in an SSS activity for Spring Semester. Don’t miss out! For those students who are unable to attend the February workshop, you can watch the video to get workshop credit. Meet with Larry for details.
HAVE YOU MET ALL THE GRADUATION REQUIREMENTS?

1. Completion of all General Education requirements for your chosen degree.
2. Submission of all official transcripts from other institutions attended.
3. Post AP, CLEP, Vertical, or Language credits.
4. Completion of at least 20 credits at DSU to meet the graduate residency requirement.
5. Payment of all money owed to DSU.
6. A cumulative GPA of 2.0 or better as recorded at time of graduation.
7. Subtraction of all credits earned in courses numbered under 1000 from total credits earned.
8. Meet with an SSS Advisor to apply on-line for graduation at: https://www.dixie.edu/graduation/
9. You must meet with an advisor by May 2, 2016 and pay the $35 graduation fee for summer graduation.

Be sure to visit with an SSS staff member if you have any questions regarding these requirements.

WINNING THE BATTLE OVER PROCRASTINATION!

As the semester progresses, students find it more and more difficult to stay motivated. Successful students have found strategies to overcome the procrastination bug. Try to implement some of the following techniques to help you stay on track:

- Make a list of everything you have to do.
- Write an intention statement.
- Set realistic goals.
- Break down the task into smaller chunks.
- Make your task meaningful.
- Promise yourself a reward.
- Eliminate tasks you never plan to do.
- Estimate the amount of time you think it will take you to complete a task and then double it.
- Recognize self-defeating problems (ex: perfectionism, poor time management).
- Dwell on success and not failure.
- Modify your environment and get rid of distractions.

Adapted from “Treatment of Academic Procrastination in College Students” by Ferrari, Johnson & McCown (1995) and the homepage for the Counseling Center at the University of Buffalo.
FREE TAX PREPARATION

Free income-tax preparation is available at Dixie State University starting Tuesday, February 2, 2016, and continuing through April 12, 2016. Tax preparation services will be provided by fully Internal-Revenue-Service (IRS) certified DSU Accounting students and will be fully supervised by DSU Accounting faculty who are CPAs and also fully IRS certified. Tax preparation services are sponsored by the IRS’ Volunteer-Income-Tax-Assistance (VITA) program and the Five-County Association of Governments and designed to assist low and moderately middle-income individuals of all ages on a wide range of tax-return scenarios.

During the 2015 VITA tax season (filing 2014 tax returns), DSU Accounting-student volunteers donated 4,389 hours of community service helping clients file 1,932 federal and 1,930 state returns, thus facilitating the return of $3,798,059 in tax-related funds back into the Dixie community. Dixie State University’s VITA program also has the distinction of completing the 2015 tax season as the top return-processing site in the state of Utah.

The first five weeks of the ten-week 2016 VITA (filing 2015 tax returns) tax-preparation season will begin on February 2, 2016 and run until March 3, 2016. Preparation services will be offered on Tuesdays, Wednesdays, and Thursdays from 4:00 PM to 7:00 PM. No tax return services will be offered during the week of Spring Break, which runs from March 6, 2016 through March 12, 2016. During the last five weeks of the 2016 VITA season, from March 15, 2016 through April 12, 2016, tax-preparation services will only be offered on Tuesdays from 4:00 PM to 7:00 PM. All tax-preparation services will take place in the Udvar-Hazy building located at 300 South on 1000 East. Please come early in the tax-preparation season so that your tax-return-filing needs can be accommodated.

Participating taxpayers should bring social security cards for each individual appearing on their tax returns; photo id; wage and earning statements (Form W-2) from all employers; Affordable-Care-Act documents (e.g., 1095-A, 1095-B, 1095-C); SSA-1099, showing Social Security Benefits; all types of 1099 forms; Forms 1099-B forms should be accompanied by supporting documentation showing original asset purchase prices and sales proceeds. They should also bring Form 1098 documenting their mortgage interest, mortgage insurance payments, and property tax payments; documentation to verify medical expenses, charitable contributions, and child care payments; any other relevant documentation related to their income and deductions; and a copy of their 2014 tax return. Taxpayers desiring an automatic deposit of their federal and state tax refunds should also bring their bank account and bank routing numbers, both of which can be found on a check from their checkbooks. Taxpayers’ completed federal and state returns will be e-filed, free-of-charge, to the IRS and the applicable states (we can accommodate clients with multi-state filing needs). For additional information, go to www.dixie.edu/taxes.

Support groups provided by the DSU Health and Wellness Center

The following is a schedule of support groups that will be held this semester. Each group will cover different skills and/or techniques to assist you with a variety of topics. These groups are taught by a counselor from the Wellness Center and are FREE to all DSU students.

Time: 3:00 p.m. Phone: 435-652-7756
Place: DSU Health and Wellness Center (34 N. 600 E.)

<table>
<thead>
<tr>
<th>Date/Topic</th>
<th>Time</th>
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<tbody>
<tr>
<td>1/29 Depression</td>
<td>2/5 Self-Worth</td>
</tr>
<tr>
<td>2/12 Anxiety/Stress Management</td>
<td>2/19 Life Skills</td>
</tr>
<tr>
<td>2/26 Healthy Relationships</td>
<td>3/4 Life Transitions</td>
</tr>
</tbody>
</table>
TRANSFERRING FROM DIXIE

As a Dixie State University student who will either graduate or transfer, you will save time and money if you follow these steps:

1. Select a major field of study as soon as possible using the career center or an SSS advisor.

2. Obtain a catalog and Major Requirement Sheet (if you have selected a major) from the institution to which you are interested in transferring. If you have not selected a major, contact a member of the SSS staff for their assistance.

3. If you have selected a major, contact the college and department that offers your major and get a Major Requirement Sheet and a transfer guide which shows how courses transfer from DSU to your major. The SSS staff has a transfer guide which shows how courses transfer from DSU to your selected institution.

4. Plan to transfer as soon as you have completed all course work that you can transfer to your bachelors degree. This will depend on your intended major and the courses offered at DSU. Usually no more than 80 transfer credits will be applied toward graduation at the other institution. However, the structured nature of some majors, such as engineering, may require you to transfer much earlier to avoid increasing the time required to complete the degree program.

5. Check the Grade Point Average requirements of your intended major and make sure you are meeting these requirements as you complete course work at DSU.