COURSE INFORMATION

Course Number: NFS 2120 section 01
Course Name: Infant and Child Nutrition
CRN: 21939

Credit Hours: 3
Prerequisites: NFS 1020

Dates: Jan 12, 2015 – May 8, 2015
Times: MWF 9-9:50 a.m.
Location: NIB #106

Text: Food, Nutrition, and the Young Child
Endres, Rockwell, and Mense, 5th Edition

INSTRUCTOR

Name: Linda M. Wright, M.Ed.
Phone: 435-652-7866
Email: lwright@dixie.edu
Office: NIB #110
Office Hours: T/R: 8:00 -10:30
COURSE DESCRIPTION

For students interested in nutrition. Includes strategies for meeting the nutrient needs of infants, toddlers, preschool, and school-age children. Covers menu planning for children in day care and preschool settings and methods for teaching nutrition to children. Uses student presentations, lecture, observations and group work. Prerequisite: NFS 1020

FCS DEPARTMENT OBJECTIVES

Students will:

1. Study currently accepted theory within the discipline.
2. Expand understanding of theory using applications and exercises that personalize the depth of knowledge and understanding.
3. Complete assignments demonstrating professional practices specific to the discipline:
   - Research papers in APA format, case studies, observations
4. Analyze course concepts against previously held schema prior to experience in the course.
5. Show, in writing, the ability to think critically
   - Gather information
   - Compare and contrast sources and quality of information
   - Evaluate information for reliability and validity
   - Create resolutions/proposals to solve questions or problems within the discipline
6. Achieve a passing grade on the comprehensive final exam for the course.

COURSE OBJECTIVES

Students successfully completing this course will be able to:

1. Gain a basic understanding of eating patterns and behaviors of the infant and young child.
2. Understand methods for applying nutritional guidelines relevant for infants and children.
3. Develop and present a nutrition education unit appropriate for teaching food and nutrition concepts to young children.
4. Observe young children in a variety of settings such as: Dixie State University Preschool, a day care center, elementary school lunch program.
5. Teach nutrition concepts to preschool children.
6. Plan and write a three week cycle menu meeting the Child and Adult Food Care Program requirements.
CLASS POLICIES

Attendance
Be in CLASS!!! Attendance is not graded, but daily activities such as in class assignments and quizzes are graded and cannot be made up!

Disruptive behavior in class may lead to an administrative withdrawal. Disruptive behavior is defined as any behavior that interferes with the teacher’s ability to teach or the learning of other students.
You will be notified of your withdrawal in this way:
1. A verbal request to comply with behavioral expectations of the class
2. One written ‘warning’ letting you know that you have not made the required behavioral adjustment.
3. Administrative withdrawal.

Academic Integrity
Failure to comply with academic integrity, honesty, and behavior standards may result in course failure or administrative withdrawal from the class. DON’T CHEAT!

ASSIGNMENTS
1. Assignments are due in class the day the assignment is noted on the outline. After class, assignments should be turned into the instructor’s office (NIB #110)
2. Spelling and grammar are graded in all assignments. Assignments are to be done on standard size paper, typed, and double spaced.
3. No assignments will be accepted more than a week late
4. Twenty percent of the grade will be deducted for the first day late and ten percent each day after that.

TESTS
Five tests will be given throughout the semester. You will be held accountable for content covered in the reading, class discussions, and lectures. Tests may include multiple choice, true and false, short answer and essay type questions. You will need a pencil and scantron for each test. The final exam will be comprehensive.

Students must take tests at the scheduled time in class. The only exceptions are true emergencies and college related absences. You must contact the instructor BEFORE the exam time. Late tests are only given at the discretion of the instructor and a ten percent deduction may apply.
GRADES

Grades will be based on the following:

<table>
<thead>
<tr>
<th>Category</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 Tests</td>
<td>About 30 pts ea.</td>
</tr>
<tr>
<td>In Class Assignments/quizzes</td>
<td>variable</td>
</tr>
<tr>
<td>Self-Regulated Learning Papers</td>
<td>40</td>
</tr>
<tr>
<td>Observation papers</td>
<td>20 pts. ea.</td>
</tr>
<tr>
<td>Case Studies</td>
<td>10-15 pts. ea.</td>
</tr>
<tr>
<td>Snack presentation</td>
<td>15</td>
</tr>
<tr>
<td>Food Commercial Analysis</td>
<td>15</td>
</tr>
<tr>
<td>Cycle Menu</td>
<td>50</td>
</tr>
<tr>
<td>(2) Preschool Food Experiences</td>
<td>30 pts. ea.</td>
</tr>
<tr>
<td>Nutrition Education Unit/Presentation</td>
<td>100</td>
</tr>
<tr>
<td>Final Exam</td>
<td>100</td>
</tr>
</tbody>
</table>

No Extra Credit is given. Keep up with reading and assignments as outlined.

The final grade will be calculated upon the following percentages:

- A  95-100%
- B+ 88-90%
- C+ 78-80%
- D+ 68-70%
- A- 91-94%
- B 84-87%
- C 74-77%
- D 64-67%
- B- 81-83%
- C- 71-73%
- D- 60-63%
- F Below 60%

Grades will be posted in Canvas. However, you are responsible for keeping track of your own grade and making sure that it is correct.

As a student at Dixie State University, you have access to several helpful resources:

- **Library**
- Computer Lab (located at the Smith Computer Center and the Library)
- **Disability Resource Center** - Provides services and accommodations to students with disabilities.
- **IT Student Help Desk** - We provide support for the following: Blackboard Vista, Dmail, wireless, software resources for students, and student laptop lease program.
- **Online Writing Lab** - Many writing classes utilize this site. Among other things, students can use the Online Writing Lab to submit papers electronically to the Writing Center.
- **Testing Center**
- **Tutoring Center** - Free and open to all students. Improve your study skills and clarify concepts and class material.
• **Writing Center** - "Our mission is to help you become a better writer by approaching your assignments as a process of invention, writing, and revision."

See our [Campus Map](#) for the location of these and other resources.

**Policies and Statements**

• Disability Statement:

  If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located at the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone # 435-652-7516.

• [Academic dishonesty / Academic integrity policy](#)
• Reference to "[Policy for Absences Related to College Functions](#)"
• [Disruptive behavior policy / classroom expectations](#)
• Dmail:

  You are required to frequently check your Dmail account. Important class and university information will be sent to your Dmail account, including DSU bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSU and in your courses. To access your Dmail account, visit [go.dixie.edu/dmail](http://go.dixie.edu/dmail). If you do not know your Dmail username or you have forgotten your PIN, visit [go.dixie.edu/mydixie](http://go.dixie.edu/mydixie) and follow the respective instructions.

Please note, if you must withdraw from this class, for any reason, it is **your responsibility** to do this officially by completing the paperwork at the registrar’s office. This must be done before the drop deadline for complete withdrawal. If you fail to do this, you will still receive a grade in this class, regardless of whether you attend or not.
Important Dates to Remember

Jan 12  Classwork Starts
Jan 15  Last Day for Waitlist
Jan 16  Last Day to Add Without Signature
Jan 19  Martin Luther King Jr. Day
Jan 22  Drop/Audit Fee Begins ($10 per class)
Jan 22  Residency Application Deadline
Jan 27  $50 Late Registration/Payment Fee
Feb 2   Spring 2015 Associate's degree Graduation Application Deadline
Feb 2   Pell Grant Census
Feb 2   Last Day for Refund
Feb 2   Last Day to drop without receiving a "W" grade
Feb 4   Courses dropped for non-payment
Feb 6   Last Day to Add/Audit
Feb 16  President's Day
Mar 2   Summer 2015 Bachelor's degree Graduation Application Deadline
Mar 2   Mid-Term Grades Due
Mar 6   Last Day to Drop Individual Class
Mar 9-13 Spring Break
Mar 23  Fall Class schedule available online
Mar 23  Summer Registration open to Seniors (90+ credits)
Mar 24  Summer Registration open to Juniors (60+ credits)
Mar 25  Summer Registration open to Sophomores (30+ credits)
Mar 26  Summer Registration open to all students
Apr 1   Fall 2015 Bachelor's degree Graduation Application Deadline
Apr 10  Last Day for Complete Withdrawal
Apr 13  Fall Registration open to Seniors (90+ credits)
Apr 14  Fall Registration open to Juniors (60+ credits)
Apr 15  Fall Registration open to Sophomores (30+ credits)
Apr 16  Fall Registration open to all students
Apr 29  Classwork Ends
Apr 30  Reading Day
May 1   Final Exams
May 1   Associate's degree Graduation Deadline - Summer 2015
May 4-7  Final Exams
May 8   Commencement

Course Final Exam:  Wednesday, May 6th @ 10:00 a.m; NIB #106
Grades Posted:  May 7th