

Alcohol Tobacco, & Other Drugs Resources

If you or someone you are with is in medical danger, call 911 immediately.

Note: This information is provided as an educational resource for DSU students and employees. The document is not intended to replace consultation with a medical provider. DSU offers no endorsement of and assumes no responsibility or liability for the currency, accuracy, or availability of the information on these sites or by the resources listed.

DSU Campus Resources

Dean of Students: Del Beatty – Office 2nd floor, Kenneth N. Gardner Student Center, (435) 652-7514, or beatty@dixie.edu.

DSU Health & Wellness Center: Larkin Building, (435) 652-7756, or <http://www.dixie.edu/wellness/>. Nurse practitioners, therapists, and peer counselors offer health and wellness resources, information, and services, including alcohol and other drugs education and tobacco cessation programs.

Community Resources

Alcoholics Anonymous: Open and closed meetings are available. Call (435) 674-4791 or go to <http://www.utahaa.org/index.php> or <http://www.utahaa.org/southwest.php> to find out more, including specific meeting times and locations.

Marijuana Anonymous: Online meetings are available at <https://www.marijuana-anonymous.org/>.

Narcotics Anonymous: (435) 467-4403 (local) or (877) 479-6262 (toll free), webservant@suana.org, or go to <http://www.nautah.org/> for more information and specific meeting times and locations.

Al-Anon/Alateen: (435) 634-9024 (local), (801) 262-9576, (866) 262-9587 (toll free), or go to <http://www.utahalanon.org/> for more information and specific meeting times and locations.

Online Resources – Alcohol

Blood Alcohol Calculator:

<http://www.dot.wisconsin.gov/safety/motorist/drunksdriving/calculator.htm>

College Drinking – Changing the Culture: <http://www.collegedrinkingprevention.gov/>

National Institute on Alcohol Abuse and Alcoholism: <http://www.niaaa.nih.gov/>

Online Resources – Tobacco

Tobacco Free Utah: <http://www.tobaccofreeutah.org/quitline.html>

WebMD Smoking Cessation Health Center: <http://www.webmd.com/smoking-cessation/default.htm>

Online Resources – Other Drugs

National Institute of Drug Abuse: <http://www.drugabuse.gov/>